

[University Name] Analytics Report

[Date]



Executive Summary

- **1205 students used Perspectives**, with a **75% overall completion rate**.
- **Student satisfaction was relatively high** (median rating: 8/10), with a **90% satisfaction rate**
- Participating students were mostly women, liberal/progressive, heterosexual, and White/Caucasian.
- **Your students were lower in belonging** compared to other students completing Perspectives.
- Some baseline differences were found across student demographics, including:
 - Liberals/progressives were higher in affective polarization and intellectual humility than conservatives.
 - However, among political views, liberals/progressives had the lowest dichotomous thinking, whereas conservatives and the highest levels of dichotomous thinking.



Executive Summary

- Spring 2024 students showed significant improvements in intellectual humility, affective polarization, dichotomous thinking, belonging, and psychological safety after completing Perspectives.
- Many students found benefits from completing Perspectives. For example:
 - **89% said they practice what they learn** from the Perspectives program in their personal or professional life.
 - **83%** said that Perspectives helped them **gain valuable professional and/or life skills**.
 - **79%** said that Perspectives helped them **feel more confident communicating across differences**.
- Qualitative feedback from students highlighted learning how to communicate effectively, manage emotions, and confront arguments respectfully, while also suggesting improvements to engagement, more complex content, and technical improvements.



Program Experience

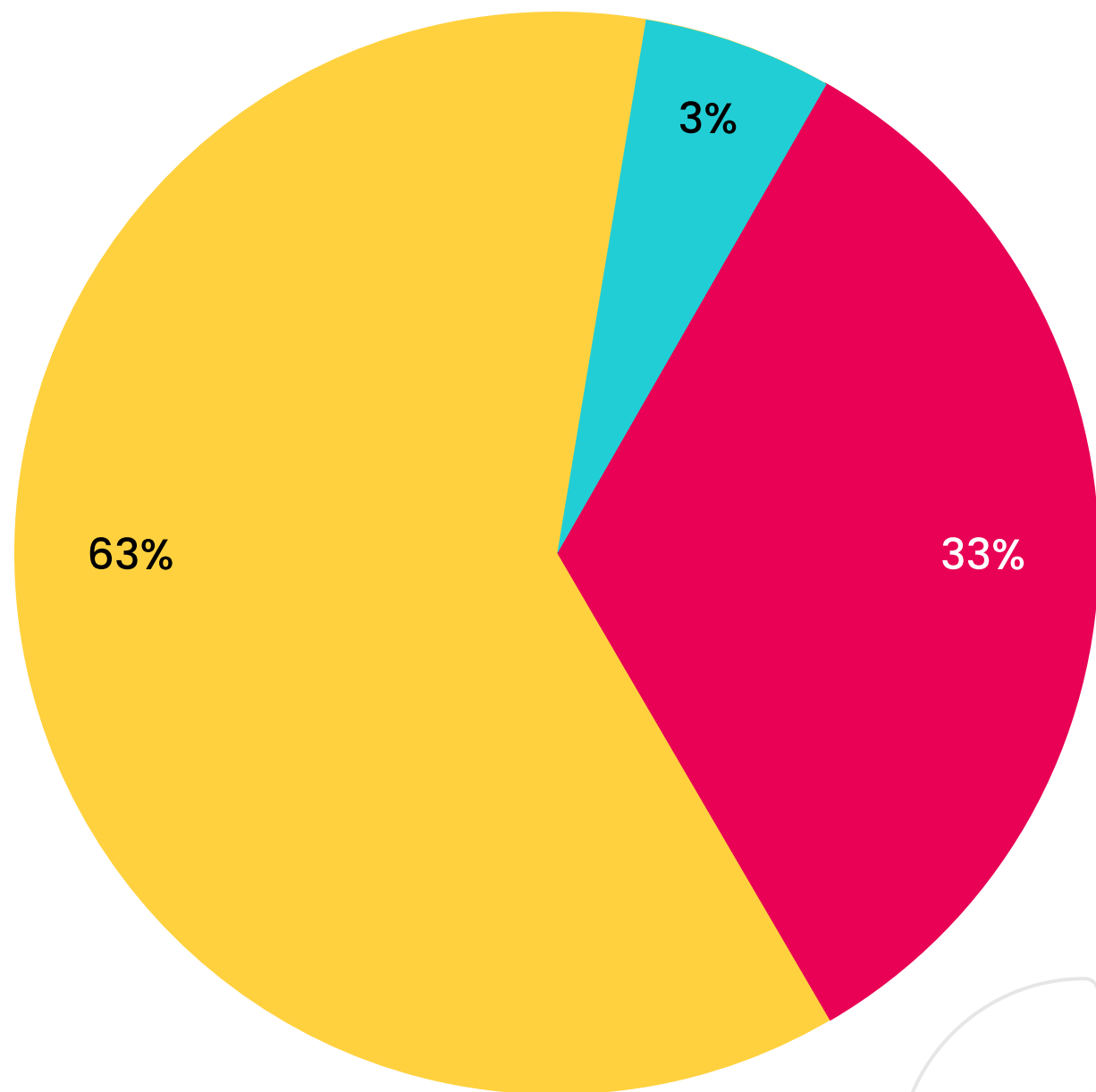
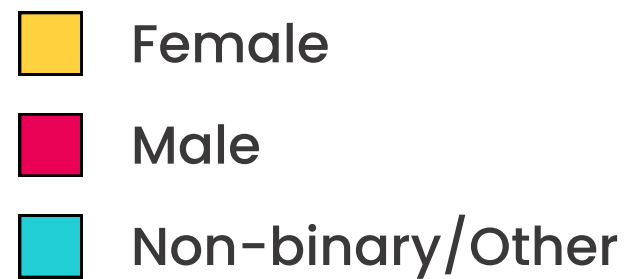


*90% of learners said they were satisfied with Perspectives

Student Demographics

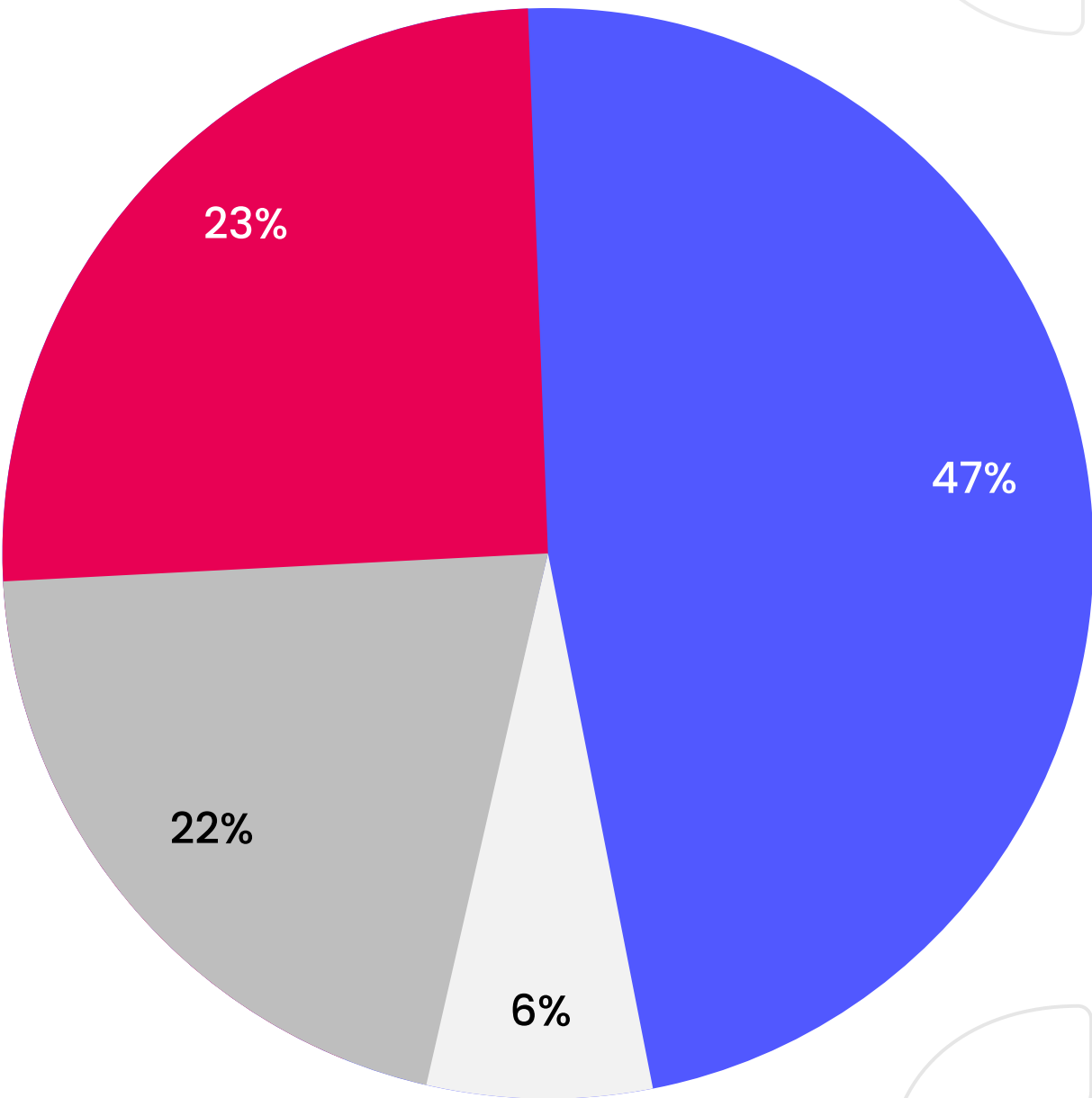
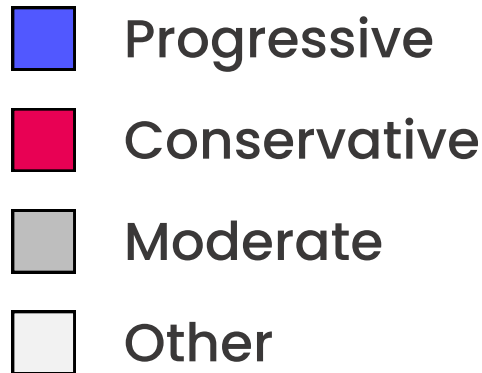
- Average Age: **22.36** years
- **23.14%** First generation students

Gender



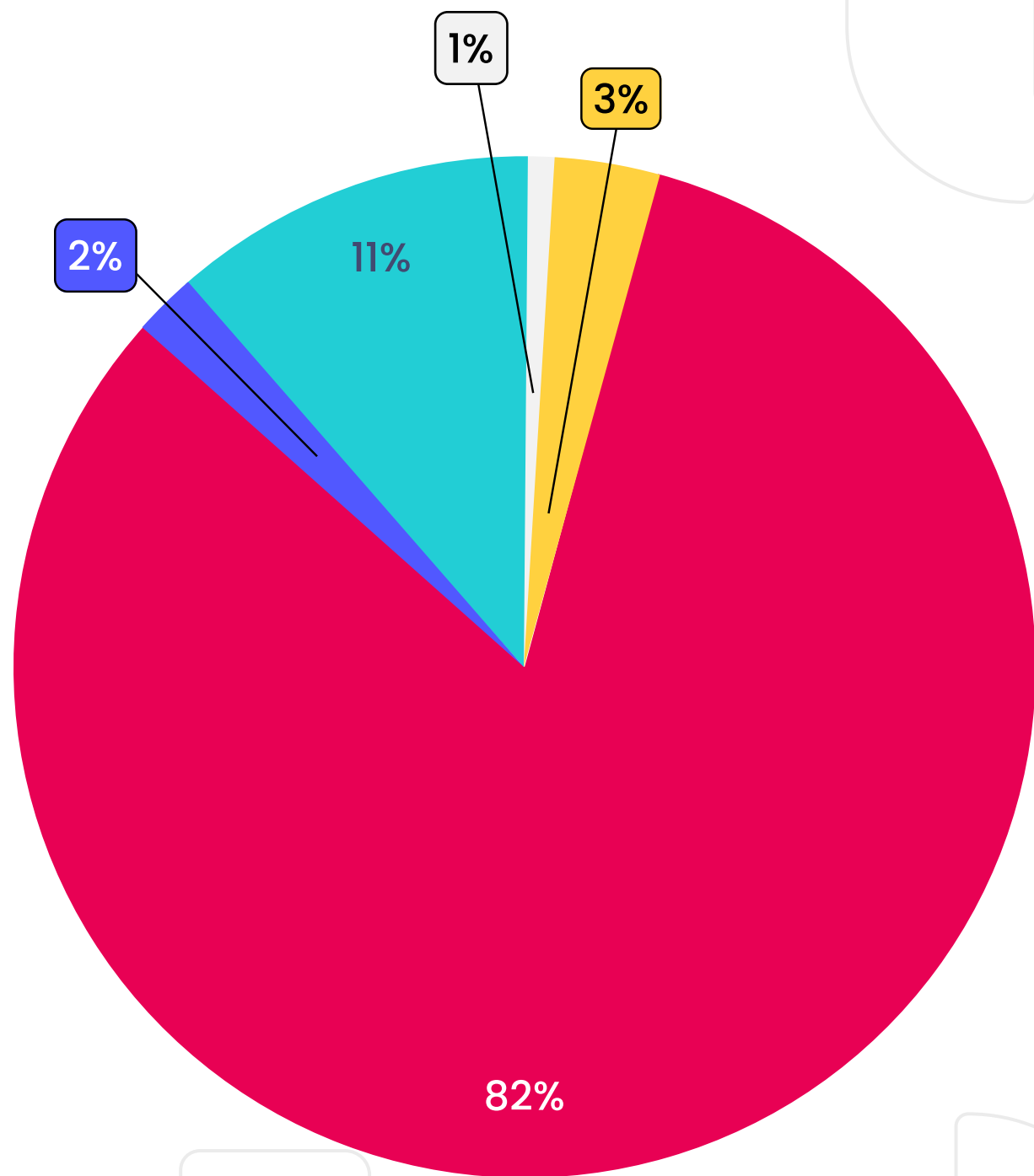
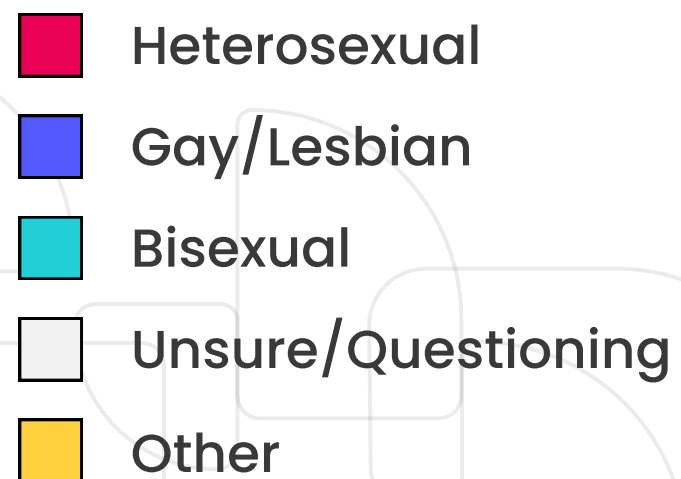
Student Demographics Political Views

Political Views



Student Demographics: Sexual Orientation

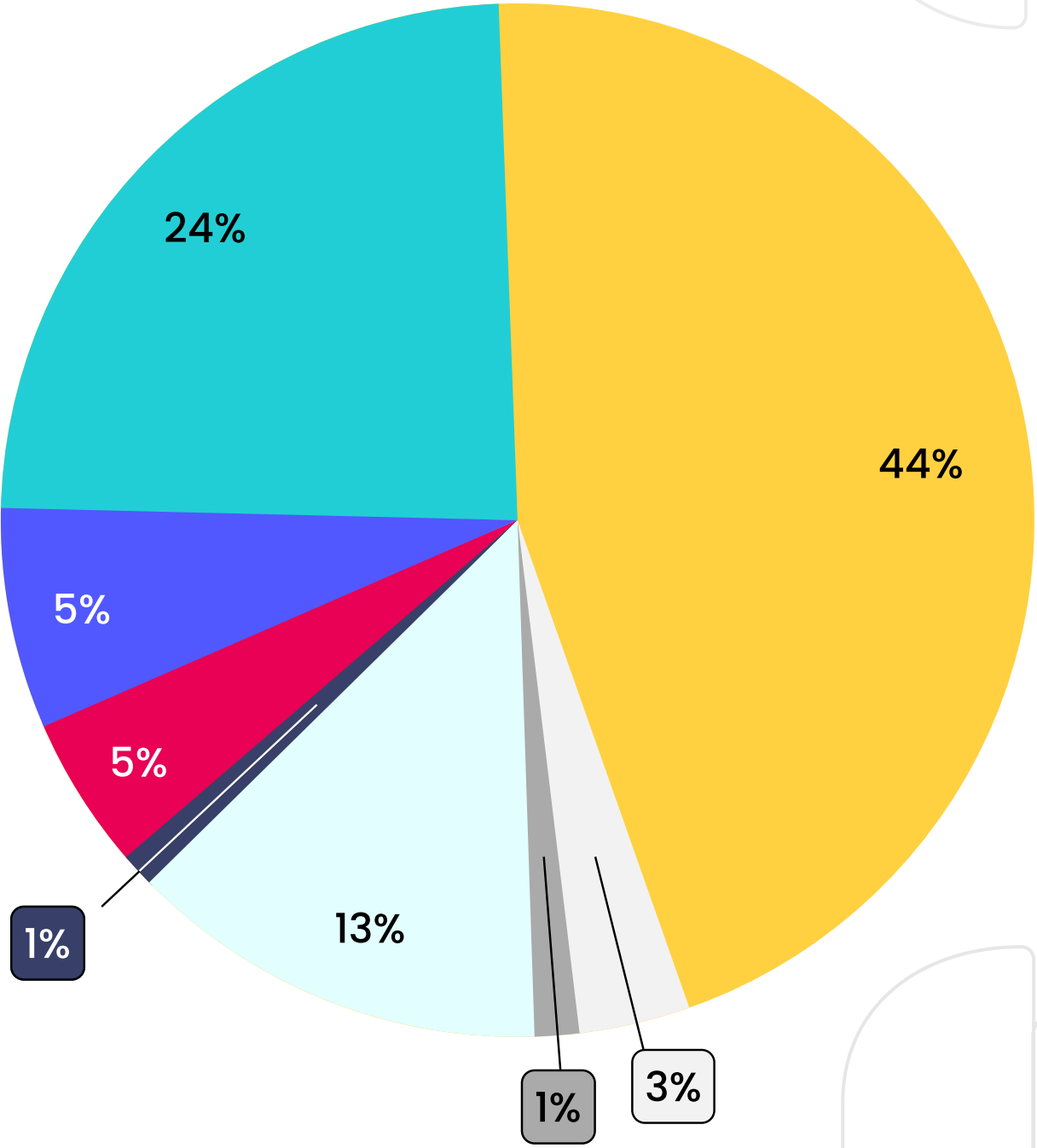
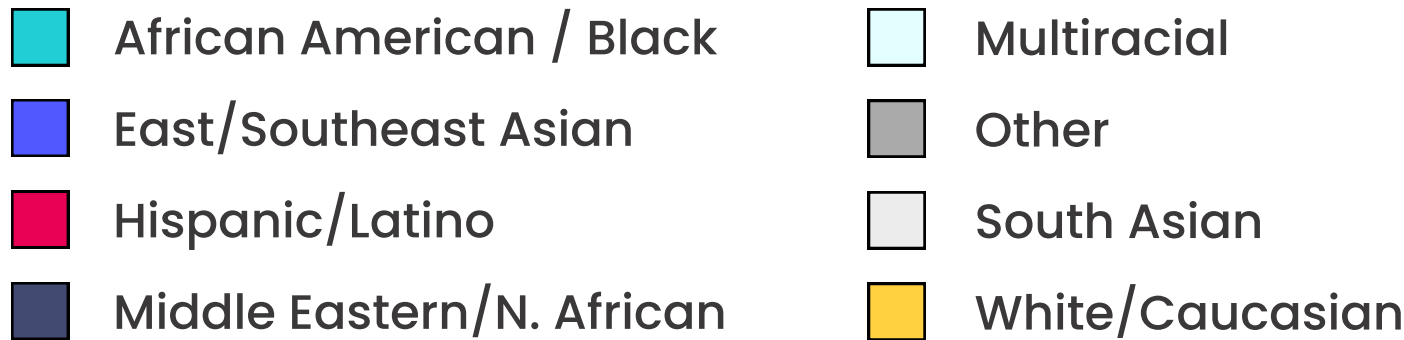
Sexual Orientation



Student Demographics

Race/Ethnicity

Race/Ethnicity



The Perspectives Survey Examined Six Key Metrics:

1. Intellectual Humility

- The awareness of one's cognitive limitations and the fact that one could be wrong.
- "I accept that my beliefs and attitudes may be wrong."

2. Affective Polarization

- The extent to which people dislike and distrust those with different political views.
- e.g., "How do you feel about individuals who identify as liberal/progressive?"

3. Dichotomous Thinking

- The tendency to think in terms of polar opposites, without accepting possibilities that lie between these two extremes.
- "All questions have either a right answer or a wrong answer."



The Perspectives Survey Examined Six Key Metrics:

4. Conflict Resolution

- The ability to find a peaceful solution to a disagreement
- *"When in conflict with others, I defend myself by showing it is the other person's fault."*
- *"When in conflict with others, I respectful questions to learn about what is important to the other person."*

5. Psychological Safety

- The shared perception that it's safe to take interpersonal risks in a group.
- *"If I make a mistake in this class, it is held against me."*

6. Sense of Belonging

- How much a person feels they belong in a group
- *"People at [school/organization name] accept me."*



Your Students Compared To Other Students

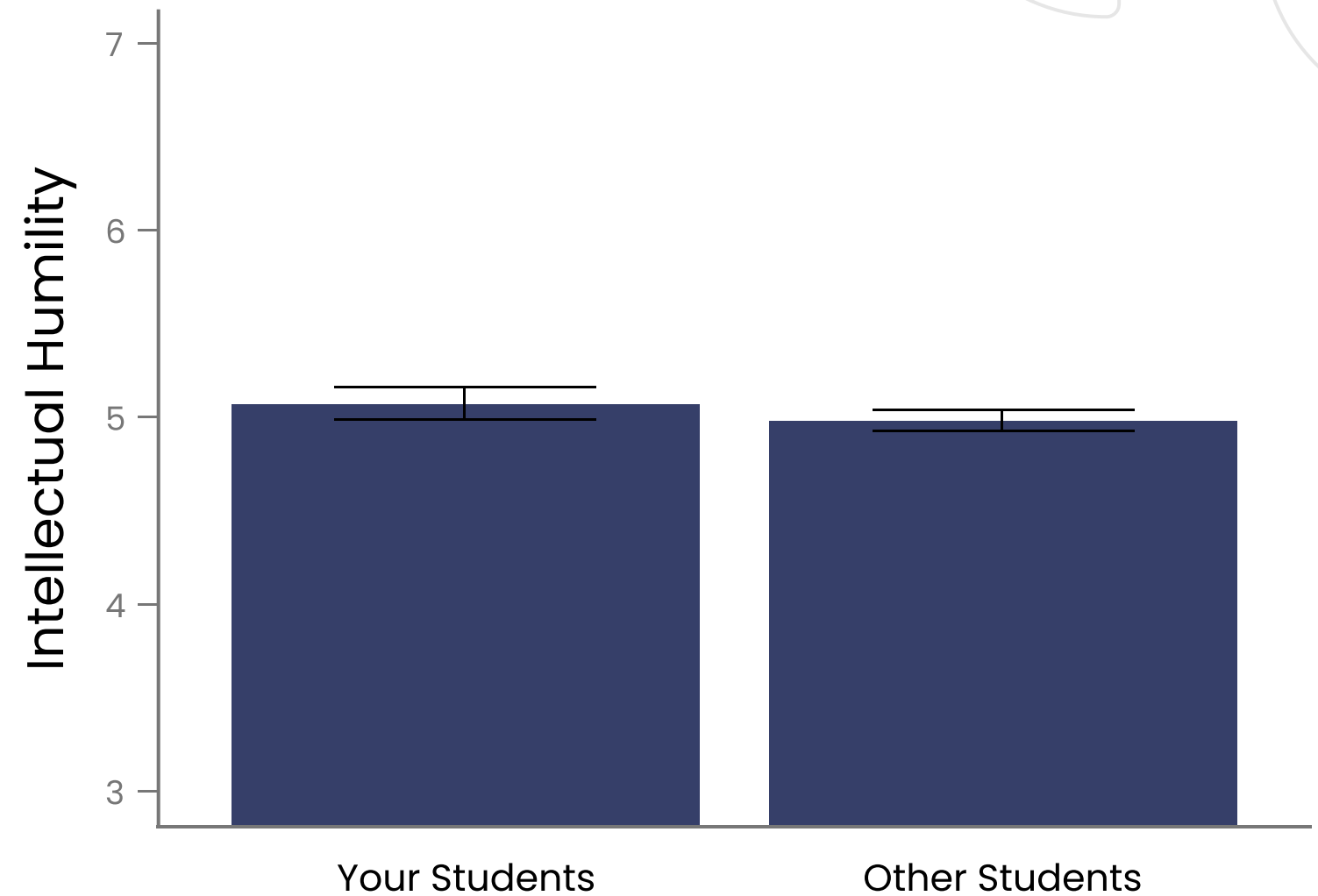
- Compared to other students, your students were...
- **lower in belonging**
- There were no other significant differences between your and other students.



Intellectual Humility

**The awareness of one's cognitive limitations
and the fact that one could be wrong**

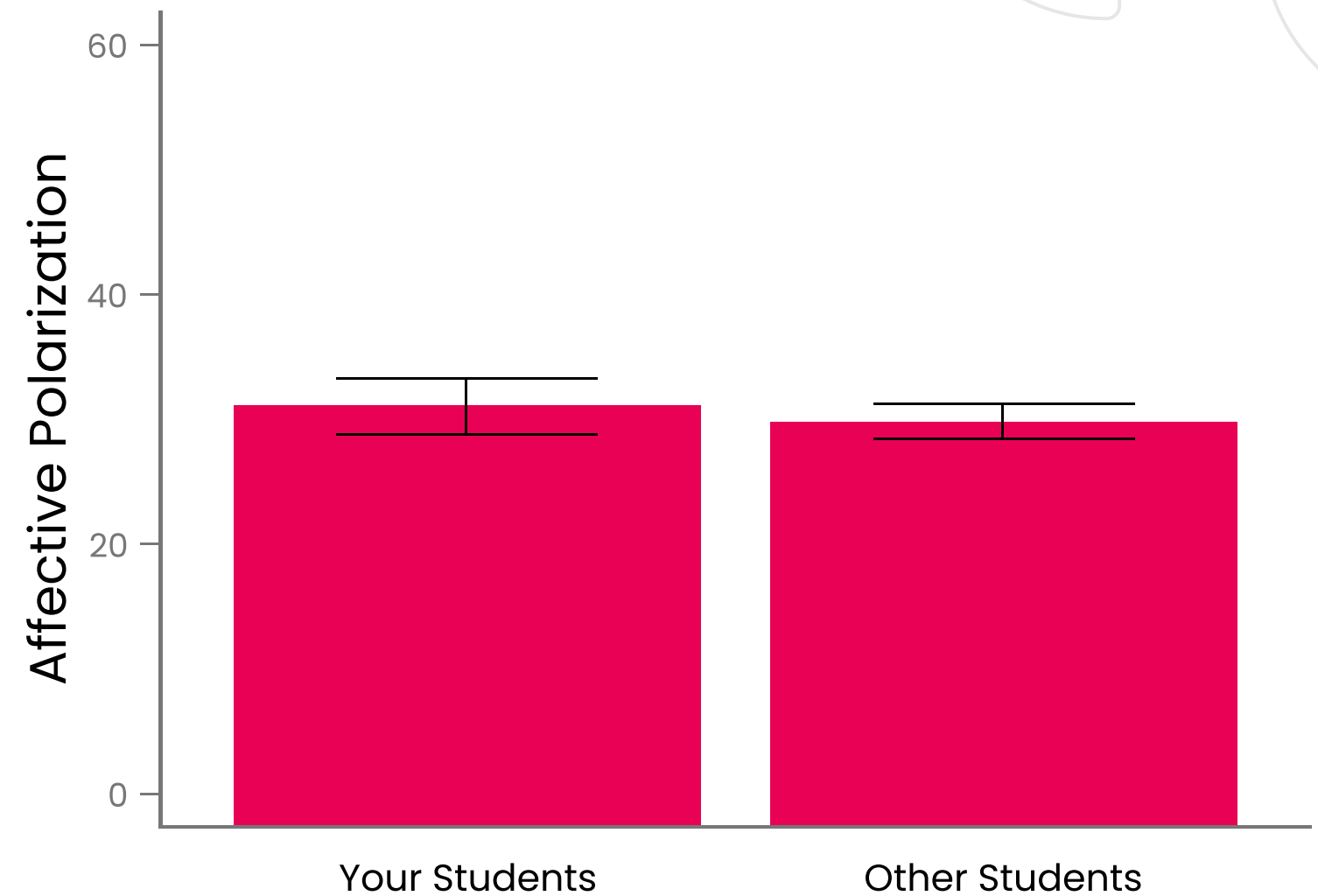
Your students are similar in intellectual humility to
other Perspectives college students,
 $p = 0.059$



Affective Polarization

The extent to which people dislike and distrust those with different political views.

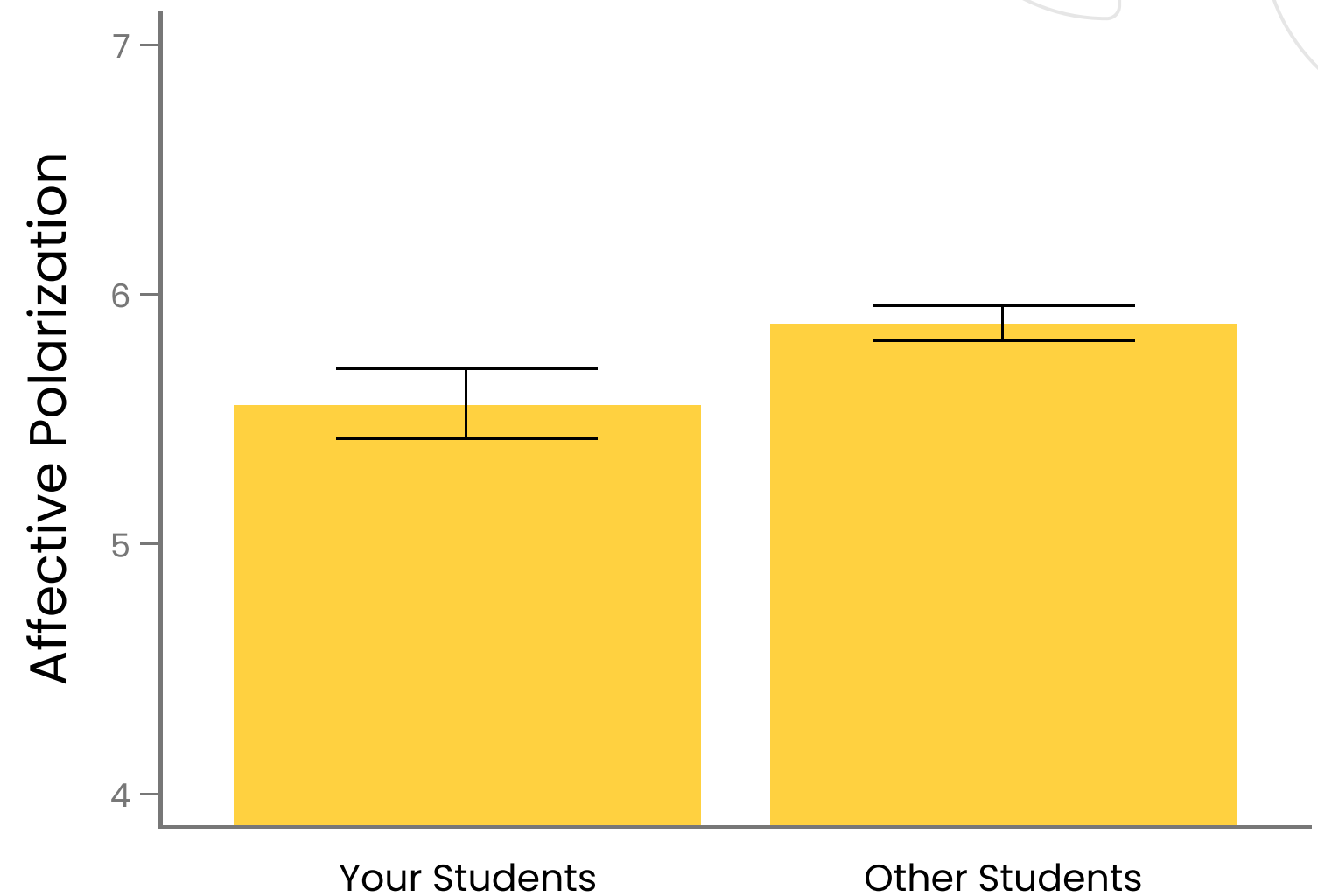
Your students are similar in affective polarization to other Perspectives college students,
 $p = 0.412$



Belonging

How much a person feels they belong in a group

On average, your students have significantly less belonging than other Perspectives college students,
 $p < .001$

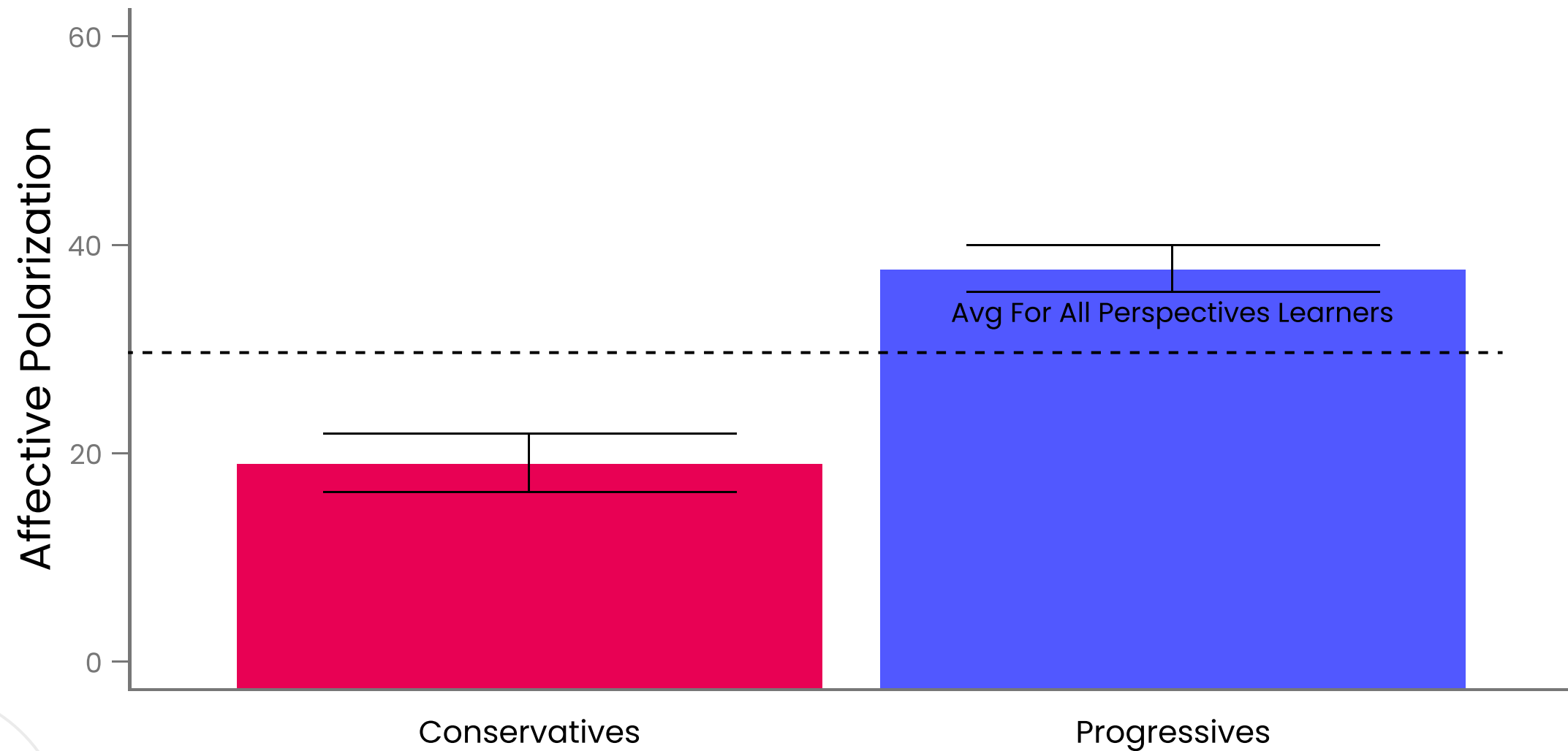




Some Notable Baseline Demographic Differences

- Compared to other students using Perspectives, the following notable differences were found among your students:
- Liberals/progressives were higher in Affective Polarization and intellectual humility than Conservatives. However, among political views, liberals/progressives had the lowest dichotomous thinking, whereas conservatives had the highest levels of dichotomous thinking.
- Moderates had the highest conflict resolution skills, whereas those who chose "other" for the political views had the lowest.
- Women had slightly lower intellectual humility compared to men.

Affective Polarization By Political Views



Summary Of Outcomes:

- Learners significantly improved in Intellectual Humility
- Learners significantly improved in Affective Polarization
- Learners significantly improved in Dichotomous Thinking
- Learners significantly improved in feelings of Belonging
- Learners significantly improved in feelings of Psychological Safety
- Learners did not significantly improve in Conflict Resolution





Perceived Benefits

- 89% said they **practice what they learn from the Perspectives program in their personal or professional life.**
- 83% said that Perspectives helped them **gain valuable professional and/or life skills.**
- 79% said that Perspectives helped them feel **more confident communicating across differences.**
- 74% said that Perspectives helped them feel **more comfortable working with diverse others.**
- 73% said that Perspectives helped them feel **more confident having difficult conversations.**

Summary Of Students' Free Response Feedback: Main Benefits

- Overall, students appreciated learning how to communicate effectively, manage emotions, and confront arguments respectfully.
- The feedback indicates that students learned to better understand and respect differing viewpoints, stay calm in conflicts, and engage in productive discussions.
- They gained skills in conflict resolution, listening, and communication, emphasizing cultural awareness and compassion.
- Techniques for handling difficult conversations, understanding others' perspectives, and avoiding assumptions were highlighted.
- Students reported increased confidence, comfort in sharing opinions, and the ability to engage in civil discourse.





Examples Of Free Response Feedback: “What’s The Main Benefit You Gained From The Program?”

- *“ I gained information on how to address issues.”*
- *“Learned more about my mindset.”*
- *“It really helped solidify my thinking of being open to others and not being so closed minded.”*
- *“More tools to manage that conflict”*
- *“Methods to stay calm, cool, and collected in an argument or conflict.”*
- *“I learned healthy communication skills.”*
- *“Finding commonalities with people.”*